

Cardiac output increases 30% with half going to placenta

Metabolism increases 10%

Blood volume increases by 1 Liter	1.0
(500 cc lost at birth) 0.5	
Amnionic fluid = 500 cc - 2 L	2.0
Uterus increases 1 kg (2 lb.)	1.0
Placenta adds 1.4 kg (2.5 lbs)	1.4
Breast increase about 500 g each	0.5
Fetus adds about 2.5 kg (7 lbs)	2.5
Total	8.9 = 20 lbs